Squadron Officer School (SOS) is a 6.5-week resident-education program specifically targeted at the development needs of Air Force Captains with 4-7 years of commissioned service, select Department of the Air Force civilians of equivalent grade, and international officers.

SOS curriculum revolves around four core learning areas: Leadership, Joint Warfare, Reasoning, and Team Building. SOS fundamentally changed the College to meet the needs of 21st century Airmen. The course was restructured around the CSAF's three "big rocks": Revitalizing the squadron, developing joint leaders and teams and multi-domain command and control. SOS has partnered with leading institutions to ensure the curriculum reflects the latest advancements in each of the four core learning areas. The curriculum also offers numerous opportunities for experiential activities to inject realism and provide opportunities for students to apply the lessons we are teaching.